





**MONDAY, JUNE 10, 2019** 

\$1.80 (Inc GST) HERALDSUN.COM.AU

# Herald Sum

## Disease stopped in tracks

**GRANT McARTHUR** 

DIABETES may be stopped in its tracks by a new drug able to delay or potentially even prevent the disease years before it strikes.

Results of a groundbreaking new trial by Melbourne and international researchers show Type I diabetes can be delayed at least two years by treating at-risk children with immune therapy.

Researchers found that by "rebooting" immune systems as blood-glucose levels begin to rise, they can delay the onset of the disease.

**FULL REPORT, PAGE 6** 







# QUET PARTY

## Barty marks win with steaks, beers and team

WITH barely any sleep, Ash Barty has returned to the scene of her greatest triumph to savour French Open glory.

Drawing gasps from spectators as she posed in front of Roland Garros's distinctive red clay photo wall, Barty grinned broadly as the world's media clamoured for time with the sport's new queen.

Wearing a black cocktail dress, high-heel shoes and carrying the Coupe Suzanne Lenglen, Barty said she was only now starting to believe she had won a major.

"It's now starting to sink in and it will stay in my mind forever," she said.

Barty, 23, returned to her Boulogne Billancourt hotel about 2am, having celebrated her groundbreaking victory in typically casual style.

Hours after sweeping to grand slam immortality, Barty and six of her closest allies revelled in the Queenslander's amazing rise at an Italian restaurant near Roland Garros.

"It was a great evening, just those closest to me," she said. "Beers, steaks, pasta. No speeches, just fun."

Still coming to terms with her feat, Barty paid tribute to her team led by coach Craig Tyzzer, manager Nikki Mathias, Andrew Roberts, Melanie Omizzolo, Mark Taylor and Darren McMurtrie.

The new world No.2 returned to Court Philippe-Chatrier for the traditional champion's photo after grabbing only a few hours' sleep following the biggest day of her career.

She is due to fly out of Paris today to reunite with her parents, Rob and Josie, who are visiting relatives in England.

After a day or two off — including a round of golf at the famed Belfry course — Barty will start preparations for the British grass-court season.

And she will soon catch up with her partner and emerging golfer, Gary Kissick.

Barty's achievement to end Australia's 46-year title drought at Roland Garros is even more remarkable for the fact she walked away from tennis in 2014. Worn down by the

#### **LEO SCHLINK**

demands of the tour, the former prodigy ventured into cricket and immediately starred.

She said that decision was pivotal to her climb to No.2 in the world after returning to tennis three years ago ranked No.623.

"I never closed any doors, saying, 'I'm never playing tennis again'," she said.

"I needed time to step away, to live a normal life, because this tennis life certainly isn't normal. I needed time to grow as a person, to mature.

"I left all of my options open. It was just a natural progression for me coming back to tennis.

"I was still involved in tennis every single day, working with Jim (Joyce), my coach. We were coaching every day.

"I was still hitting balls.

"Certainly, it's always been a big part of my life. Tennis will always be a big part of my life."

Barty said while she had enjoyed playing cricket for the Brisbane Heat, she missed "the one-on-one battle, the ebbs and the flows, the emotions you get from winning and losing (tennis) matches".

"They are so unique and you can only get them when (tennis)," you're playing she said.

Barty said her celebrations were for "for myself and my team". "I'm not the only person out here. I have an extraordinary group of people around me," she said.

Now one of the favourites to win Wimbledon next month, Barty says her 21 months away from tennis delivered "a new perspective in my life and in my career".

"It's brought this new belief, and this feeling of belonging at the very top level," very top she said.

"I know when I play my best tennis, I can match it against the world's best."

news.com.au

1996 Born in Ipswich, Queensland

#### 2011

**Wins junior Wimbledon** championship aged 15

2013 Finalist in three doubles grand slams with countrywoman **Casey Dellacqua** 

2014 Switches to cricket, playing for Brisbane Heat in the

#### 2016

Barty returns to tennis but suffers an arm injury months later

#### 2017

**Claims her first WTA singles** title at the Malaysian Open

Wins US Open women's doubles alongside American **CoCo Vandeweghe** 

Wins first gram slam singles title at Roland Garros





## GOOLAGONG CAWLEY

TENNIS legend Evonne Goolagong Cawley says fellow indigenous athlete Ash Barty's first grand slam singles title at the French Open was "a joy to watch".

**Goolagong Cawley won** the French Open in 1971, the first of her seven grand slam singles tennis titles.

What a wonderful result for Australia and how exciting that another

Aboriginal has won at the French," Goolagong Cawley said yesterday.

"I'm almost scared to say it, but it's now 48 years ago I won my first slam there, too.

"Tennis Australia and lovers of tennis here and around the world will be delighted by the natural skills and flair Ash possesses. Now they have developed into a beautiful game full of artistry. movement and power. It was there for all to marvel at in Paris. She is a joy to watch."

**Goolagong Cawley has** become a mentor and friend to Barty, exchanging texts, phone calls and having gettogethers when Barty is back in Australia.

Through a greatgrandmother on her father Robert's side, Barty is descended from the Ngarigo people on the border between Victoria and New South Wales. She considers herself an indigenous athlete and has said "my heritage is really important to me".

Barty will rise to No.2 in the WTA rankings, the highest for an Australian woman since Goolagong Cawley, who is a member of the Wiradjuri people, was No.1 in April 1976.



**HERALDSUN.COM.AU** MONDAY, JUNE 10, 2019 **NEWS** 05

# 



### MODEST MODELS AN INFLUENCE

IN an age of snarling, racquet-smashing brats, Ash Barty always craved a return to a tennis era of gracefulness and style.

**And with French Open** victory, the amiable 23-yearold proved there's a place for modest champions.

As Australians celebrated **Barty's Roland Garros** triumph, many pointed to the Queenslander's unflappable on-court demeanour as a contrast to that of Nick **Kyrgios and Bernard Tomic.** 

For Barty, winning — and losing — stylishly was always important.

"When I started playing tennis, I tried to build a unique style. I tried to build my own style," she said.

"There were players that

**LEO SCHLINK** 

were dominant and that I looked up to.

"In particular, that was **Evonne (Goolagong Cawley).** When I got a little bit older, I began to realise what she achieved and just how remarkable that was.

"But there are so many players, so many amazing players, gracious players that come on and have this style and this flair that I always tried to emulate a little bit when I was a kid.

"But my coach (Jim Joyce) always used to bring me back and say: 'We're creating our

"That's probably one of the most magical things that's happened to me."

Barty's current coach, Craig Tyzzer, lives by the same "work hard, keep it simple" creed.

"She has real Aussie spirit, you go out there and do your best and look your opponent in the eye and shake hands at the end of the day," the Victorian said.

"She's humble, she's hard working, she's all those things, and that is Aussie grit and determination."

As Barty described her move to leave tennis in 2014 to take a break as the right decision at the time, Tyzzer agreed French Open success would not have been possible without the sabbatical.

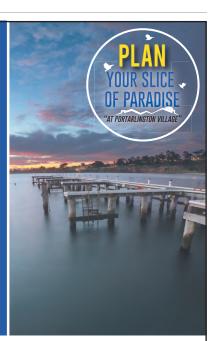
"She has grown in that time, and she will keep growing," Tyzzer said.





#### - IMAGINE A LIFESTYLE AT *PORTARLINGTON* -

- Over 55's lifestyle village in a quality resort environment
- Located within the Portarlington Township and only 150 metres to the sheltered north facing waters of the beach
- 7 designs to choose from
- Community village and support
- No entry fees or stamp duties



CALL 1300 799 308

WWW.PORTARLINGTONVILLAGE.COM.AU

INFO@PORTARLINGTONVILLAGE.COM.AU 23-31 MERCER ST, PORTARLINGTON VIC 3223



## **Hawkins** in for the long haul

**JON RALPH** 

ALL-AUSTRALIAN contender Tom Hawkins is determined to play well into his 30s.

Hawkins is in scintillating form at the halfway mark of the season with five consecutive bags of four goals and 15.1 from his past 16 set shots.

At one stage, his career seemed certain to be cut short because of a debilitating back injury. But the Geelong spearhead said yesterday he felt he could play past his five-year contract, which expires at the end of next season.

Hawkins, 31 next month, said an intensive program retraining muscles in his back after years of misuse had allowed him to play at his best.

"I started doing it in the middle of my off-season and it didn't pay off until a few weeks before the start of the season, but, once your body feels confident, your mind does as well," Hawkins said.

"I feel really confident in what I am doing. I do a lot of work on my body. When you get to 30, you need to spend more time working at it.

"I feel physically really good, mentally really good.

"I have no reason in my mind why I can't play for another two or three years. I know when you get to 30 it gets harder."

Much has been made of Geelong's exceptional accuracy — Hawkins has kicked 22.4 since Round 7 — but he revealed he took few set shots at goal at training.

**CONTINUED PAGE 55** 





used "an extremely forehanddominated strategy" in the French Open, hitting 93 forehand winners and just 15 backhand winners. "The goal of the backhand,

O'Shannessy said Barty

well."

be a huge asset at Wimbledon in a few weeks. She won 81 per cent (59 of 73) of her service games for the tournament far superior than the tournament average of 63 per cent.

"She's going to be a factor at Wimbledon.'

leo.schlink@news.com.au



# DOES GOOD



10c from the purchase of any Coles Brand fresh pork until June 16 will be donated to help fight MND.



SPORT 55 **HERALDSUN.COM.AU** MONDAY, JUNE 10, 2019

## SH DESTRUCTIO





## **Bowling 'em over**

FOR Ash Barty, the French Open was all about perfection and "stars aligning"

But the Herald Sun can reveal how cricket played a crucial role in the Queenslander's epic climb to grand slam glory.

As Novak Djokovic and Dominic Thiem scuttled back to the locker-room as rain swept over Roland Garros to delay their semi-final, Barty and her support team played cricket in the gymnasium as they waited to go on court for

Bowling to her coach Craig Tyzzer, former Brisbane Heat all-rounder Barty was the picture of serenity. And her laid-back mindset allowed her to ease to a 6-1 6-3 victory yesterday against Czech Marketa Vondrousova in the final

#### **LEO SCHLINK**

After the match, Barty paid tribute to her former Heat teammates, saying her sabbatical from tennis — which lasted from 2014 until early 2016 "truly was an amazing period of my life".

"I met an amazing group of people who couldn't care less whether I could hit a tennis ball or not," she said.

"They accepted me, and they got to know Ash Barty.

"I got an amazing amount of messages over the last couple of days from those cricket girls, who were some of my best friends.

"They are truly an incredible group of girls that I know I'll have a relationship with for the rest of my life.



**HOWZAT FOR BEATING** RAIN DELAY

**HERALDSUN.COM.AU** 

## PARTY COMES FIRST

ASH Barty will "wipe the slate clean" after a few days off before zeroing in on Wimbledon.

The French Open champion is determined to celebrate and rest after her breakthrough Roland Garros success, conceding she is now the hunted rather than the hunter.

"Yeah, it's going to be interesting," she said of her new-found status as grand slam winner and world No.2.

"Wimbledon is a long way away (July 1), and I have to be able to celebrate this with my team, take a few days off, and make sure I get my body and mind right so that when I come out to play my next tournament I'm ready to go.

#### **LEO SCHLINK**

"Obviously I love the grasscourt season. I'm excited to play over this next month in the UK.

"And hopefully I can bring some really good level of tennis again to potentially give myself a chance to go deep in a major again.'

Her coach, Craig Tyzzer, said Barty would not change because of major success.

"She'll keep her feet definitely on the ground," he said.

"She never gets ahead of herself, never gets her head too big.

"We've got no egos. We don't worry about stuff other than Ash.

"She'll be fine."

#### PETRA KVITOVA

Congratulations @ashbarty on your incredible and well deserved victory

#### TODD WOODBRIDGE

Congratulations @ashbar96 @rolandgarros grand slam champion has a nice ring to it...

#### **ROD LAVER**

Congratulations @ashbar96 - I am so proud of you champion.

#### TRENT COTCHIN

@ashbar96 you are an absolute star! Humble champion, huge congratulations to you!! Very proud

#### **SAM STOSUR**

Massive CONGRATULATIONS to @ashbar96 on your incredible win! So happy and proud of you!! Always knew you would achieve this incredible success! You have such a gift and determination and now the trophy to show for it all!!!

#### **PAT CASH**

Fantastic display of clay court finesse and power under pressure in windy conditions from @ashbar96. Well done!

#### **NICK KYRGIOS**

Congrats @ashbar96 nothing changed, you were dominating juniors and now winning slams.

#### CASEY DELLACQUA

I AM SO PROUD OF YOU. To me you are a champion regardless whether you won grand slam or not, but loody hell your (sic) a fricken grand slam champion.

#### **SIMONA HALEP**

Congratulations @ashbar96 so happy for

## TEAGUE'S ROLE MODEL Daisy worked fast for recall TOM IN FOR

**INTERIM Carlton coach** David Teague says his style has been heavily influenced by the late Phil Walsh.

Teague was an assistant coach at Adelaide during Walsh's tenure and credited him as the most influential person in his coaching

The 38-year-old said he had also leaned on John Worsfold for advice after the current Essendon coach came in to help the Crows after Walsh's death.

"Phil Walsh was probably the one I really looked up to the most in terms of the way he went about it," Teague said.

"I saw the way he did it and moulded a lot of the way I coached around him.

#### **TIM MICHELL**

"He was probably the most influential on my coaching career.'

Teague said he was determined to put his own stamp on Carlton.

"I have had a long journey at different clubs under some really good coaches, from when I played until now," he said on Channel 9.

"You're always looking and trying to draw the best bits out of it and you put it together in the way you want.

"I'm pretty keen just to coach my way.'

Teague said he had no hesitation filling the interim role and was happy to let others decide whether his position became permanent.

## DALE Thomas says he has JON RALPH

only himself to blame for his charity night incident and pleaded his case for selection to David Teague the morning after he was made Carlton interim coach.

After a turbulent career, Thomas is set to play his 250th game on Saturday night against the Western Bulldogs.

Thomas said, despite turning 32 in a fortnight, he had plenty of good football left.

Thomas drank as many as six glasses of wine on the Friday night before the Round 10 Sunday match against St Kilda and was dropped for the Essendon game, which turned out to be Brendon Bolton's last match as coach.

"I went and saw Teaguey

first thing Tuesday," Thomas told K rock radio. "My situation wasn't ideal,

but there was still a bit of noise about it and external factors and I wasn't sure what his take was on it and how it might have affected him. I said. 'What are your thoughts?'

"He said, 'No, it's a club thing. The boys gave you a week ban. From my point of view you served that.'

"I went back into the twos and played a pretty handy game and I am bloody thankful he picked me (for Saturday's win against Brisbane Lions).

"I think I have a lot to add to this team and a lot of good football ahead of me.

Thomas said he was thrilled to hit 250 games, admitting the "boy from Drouin" would have been happy with 50 games.

Thomas was one of Collingwood's best players in its two 2010 Grand Final contests but, after leaving for Carlton with ankle injuries, became one of footy's most maligned players.

Having voided the last year of a lucrative contract, he has played on under a series of one-year deals and could be in line for another if he can keep up his solid form in defence.

"On a personal level it's nice to put these last couple of weeks behind me," Thomas said. "I have no one really to blame for some of it, which is annoying, but onwards and upwards.

## LONG HAUL

#### **FROM BACK PAGE**

"I actually approached Gary Rohan at training on the track and picked his brain on what he does so well with his kicking routine," Hawkins said.

"He has some simple cues he has helped me adopt and I feel like it's working and my confidence has grown. I reckon I would have 30 or 40 shots, but they are quality."

Hawkins is bewildered by the booing of Cats champion Ablett and urged fans to enjoy his greatness. "In our game we love champions of the game. I just think it's unfair but hopefully we can put an end to it," he said.